

SAFETY FOR SPECIAL NEEDS AT HOME

Every home is different. These tips can help individuals with special needs stay safe, comfortable, and prepared for any situation.



BE PREPARED

Create personalized emergency plans and practice them together.



MAKE IT SAFE

Reduce hazards, secure medications, and use adaptive devices when needed.



COMMUNICATE

Use visual cues, simple language, and ID information to help in an emergency.



SUPPORT INDEPENDENCE

Teach life skills at their level and encourage confidence every day.



BUILD A SUPPORT NETWORK

Know your neighbors, caregivers, schools, and local resources.



A SAFE HOME. A STRONGER FUTURE.

Together, we can make a difference.



SAFETY STARTS AT HOME

Every individual deserves to live in a safe environment. With planning, preparation and awareness, we can reduce risks and keep our loved ones safe-especially those with special needs.

GET PRACTICAL SAFETY TIPS

Scan the QR code to access checklists, guides, videos, and more resources.



Scan Me!



☎ 1-844- FLAME 16

✉ info@theflamegroup.com

🌐 www.theflamegroup.com

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SAFETY FOR SPECIAL NEEDS AT HOME

SAFETY | AWARENESS | CARE
INCLUSION



THE FLAME GROUP®

PREVENTION IS INTENTION



EVERY HOME CAN BE A SAFE HOME

With planning, awareness and the right supports, we can reduce risks and help everyone thrive.



UNDERSTAND UNIQUE NEEDS

Every individual is unique. Consider abilities, sensitivities, communication styles and routines when planning for safety.



REDUCE RISKS

Small changes can make a big difference. Identify potential hazards and create a safer environment for daily living.



BUILD CONFIDENCE

Work together with family, caregivers, teachers and professionals. Share information and support each other.

SAFETY IS A TEAM EFFORT



Work together with family, caregivers, teachers and professionals. Share information and support each other.

Together, we can keep our loved ones safe.

BE PREPARED FOR EMERGENCIES

Having a plan helps everyone know what to do before, during and after an emergency.



CREATE A PLAN

- › Make a simple emergency plan together.
- › Use pictures or visual supports if helpful.
- › Practice the plan regularly.



COMMUNICATION IS KEY

- › Use clear, simple language.
- › Identify a safe meeting place.
- › Keep important phone numbers handy.



BUILD AN EMERGENCY KIT

- › Include medications, devices, & supplies.
- › Have comfort items if needed.
- › Check and update your kit often.



PRACTICE MAKES PREPARED

- › Role play different situations.
- › Use visual schedules or checklists.
- › Praise efforts and build confidence.

KEEP THIS INFORMATION HANDY

Emergency Contact: _____
Relationship: _____
Phone: _____
Doctor: _____
Phone: _____
Other Important info: _____



**PREPARATION TODAY.
PEACE OF MIND TOMORROW.**

CREATE A SAFER HOME

Simple changes can help prevent injuries and make everyday living safer.



ALERT & NOTIFICATION

- ✓ Install smoke alarms with visual and/or vibrating alerts.
- ✓ Use doorbells, phones or alert systems that match sensory needs.
- ✓ Test alarms regularly.



ESCAPE & EXIT SAFETY

- ✓ Keep exits clear and easy to access.
- ✓ Practice exit plans with everyone.
- ✓ Consider mobility needs and safe assistance.



SECURITY & SUPERVISION

- ✓ Use door/window alarms if appropriate.
- ✓ Consider ID bracelets or cards if helpful.
- ✓ Have a plan for wandering or leaving home.



HOME HAZARDS

- ✓ Use stove knob covers and safety locks.
- ✓ Store cleaning supplies and medications safely.
- ✓ Check water temperature to prevent burns.



HEALTH & MEDICAL NEEDS

- ✓ Keep medications organized and up to date.
- ✓ Have backup power for medical devices.
- ✓ Keep a list of medical needs and instructions.



REMEMBER

Safety is not one-size-fits-all.
Make your plan. Make it yours.
You know your loved one best.